



OLDENBURGIA TRAIL RUN RULES AND RACE INFORMATION

1. ENTRIES

1.1 Trail Run Online Registration: <https://getoutandrun.co.za/oldenburgia-trailrun/>

1.2 Closing date for online registration is Wednesday, 21 October 2026 12:00.

1.3 With the exception of the 50km trail run, participants can still register in person on 24 October 2026.

2. CONFIRMATION OF ENTRY

2.1 Entrants will receive an email confirming their entry, provided they enter a valid email address on their online registration form.

3. START

3.1 All trail runs start on 24 October 2026 on the hockey field at PJ Olivier. Participants will need to access PJ Olivier through the main gates on Robinson Street.

3.2 Races start as follows:

3.2.1 50 km starts at 5:00

3.2.2 30 km starts at 7:00

3.2.3 17 km starts at 7:30

3.2.4 8 km starts at 8:15

3.2.5 3 km starts at 8:45

3.3 Race briefings will take place 10 minutes before each race.

3.4 Registration will take place on 23 October 2026 from 17:00 - 20:00 and 24 October 2026 from 04:30.

4. FEES

4.1 Entry fee payable is per person as follows: Early Bird specials end on Tuesday 30 June 2026 at midday.

	Early Bird <i>Until 30 June</i>	Pre-Entry <i>Until 21 October</i>	On the Day
50 km (includes a free buff)	R800	R1 200	N/A
30 km (includes a free buff)	R550	R750	R950
17 km	R300	R400	R450
8 km	R180	R230	R280
3 km	R40	R50	R60

5. ROUTE

5.1 There will be a minimum of 5 water points along the 50km route and 4 water points along the 30km, 3 water points along the 17km route and 8km routes. The 3km route will pass 1 water table.

5.2 Athletes participating in the 50km and 30km races will be required to check in at water points positioned along the route. The marshalls stationed at these points will cross reference each runner's race number to the registration sheet to ensure every runner is still on the correct path and none have wandered off the route.

5.3 Some of the trails will go onto private farm land. We have permission from all the farm owners.





OLDENBURGIA TRAIL RUN RULES AND RACE INFORMATION

6. SAFETY

6.1 Most of the route is accessible by vehicle, however, should the medical staff on duty recommend that the injured participant needs to be airlifted out of the area for whatever reason, this will be done at the participants own cost, as stated in the indemnity form.

6.2 Should a runner need medical assistance along the route, they are asked to get the closest water point if possible. The marshalls stationed at the water points will be in contact with the Race Director/ Medical staff on duty, on behalf of the participants.

6.3 Should a runner need medical assistance along the route and be unable to make it to a designated water point, they are to phone the Race Director/ Medical staff on duty directly or get a fellow runner to do so. A fully charged cell phone is on the compulsory gear list for the 50km and 30km runners.

7. FINISH

7.1 All races will finish on the hockey field at PJ Olivier.

7.2 Cut-off times will apply.

7.3 Race officials will enforce the cut-off times.

8. PRIZEGIVING

8.1 Prizegiving will take place at 10:30 for the 3km and 8km runs near the start/finish arch.

8.2 Prizegiving will take place at 14:00 for the 17km, 30km and 50km runs near the start/finish arch.

9. RESULTS

9.1 All results will be available on the Get Out and Run website and Oldenburgia Facebook page.